

Guatemala: *The Lost World*

November 14-24, 2026

A trip to benefit FROGS

Max of 12 participants in 6 double rooms

Please record information exactly as it appears on your passport. Passport information may be sent later if you have not yet obtained it. We require a separate form from all participants.

Name as on passport _____

Passport # _____

Passport Exp. Date _____ Must not expire before May 16, 2027

Date of Birth _____

Address _____

City _____ State _____ Zip _____

Phone (home) _____ Email _____ (cell) _____

Emergency Contact Name and Relationship _____

Emergency Contact Phone _____

I will be sharing a room with _____

Any special food requirements* _____

Trip Cost: \$3,300.00 per person, double occupancy. No single rooms available

Trip insurance is included in the trip price. Airlines are not covered.

*****Price does not include airfares*** Round-trip U.S. to Guatemala City – Round trip Guatemala City to Tikal**

Price includes a \$150.00 donation to FROGS. Price also includes group travel insurance for land only

Payment Information:

Deposit: \$1,000.00 per person. First come first served.

Final Payment due by August 15, 2026.

Group travel: ALL PAYMENTS ARE NON-REFUNDABLE. Insurance is included in your deposit.

Deposit amount enclosed: \$ _____ check no. _____

Make checks payable to: Cruisin with Cynthia and Howard, LLC

Mail sign-up forms and checks to: Kathy Trichel, 4600 Park Rd, Alexandria, VA 22312

Questions:

Kathy Trichel: ktrichel@earthlink.net or 703-919-7705

Cynthia Siegel: gardendesigncyn@gmail.com or 561-596-7426