



Costa Rica 2024

Adventure & Nature for families



July 22nd - July 31st 2024

Trip to benefit
FROGS



OUR ROUTE



© Gustavo Orozco

1. Our adventure starts in San Jose - Bougainvillea Hotel
2. Fortuna - Observatory Lodge
3. We will visit Sarapiquí - Ara ambigua Hotel
4. Explore Tortuguero National Park, walk the beach of the park in search of green sea turtles at night, this will be a moment that you will treasure for a lifetime - Mawamba Hotel

Costa Rica

Day 1 July 22nd



Arrive at the San José Airport (SJO) where you will be met by Gustavo Orozco your Nature guide. Transfer to your hotel: The shuttle bus will transfer you to your hotel. The rest of the day to relax and enjoy the wonderful gardens of the hotel at your leisure. Afternoon welcome meeting and introduction to the trip!

Host: Gustavo Orozco.

Hotel Amenities: Swimming pool.

Lodging: Bougainvillea Hotel or similar

Type of room: Standard

Meals: Welcome dinner

Day 2 July 23th

Morning drive to the area of La Fortuna, home of Arenal Volcano, magnificent landscapes and forested areas to be seen on the way. Our first experience will be a cooking class, this will be the perfect introduction to Costa Rican food and traditions. We will learn how to cook a Costa Rican lunch and we will prepare it with our own hands.

Afternoon visit to a local school and have our kids meet Costa Rican kids! Maybe penpals for a lifetime! After all the activities, we will drive to Arenal Observatory, where we are staying for two nights.

Lodging: Observatory Lodge

Type of room: Smithsonian

Meals: Breakfast and lunch



Costa Rica

Day 3
July 24th



This morning we are ready to explore the canopy of the rain forest and no better way to do that than taking a walk on suspension bridges, the rain forest is full of mysteries and fascinating stories.

Gustavo will guide you through the woods in search of elusive rain forest creatures and will help you understand how the Rain Forest functions. Being in the canopy will give you a very different perspective of this fascinating world.

This afternoon we are exploring Bogarin Trail, This is a life time opportunity to encounter Sloths in the wild and learn the fascinating natural history behind these charismatic creatures of the Rain Forest.

Lodging: Observatory Lodge

Meals: Breakfast

Day 4
July 25th

Morning optional Zip Line adventure! We made the activity optional in case the weather is not good for the activity. But if the weather helps, this will be a lifetime adventure for the family.

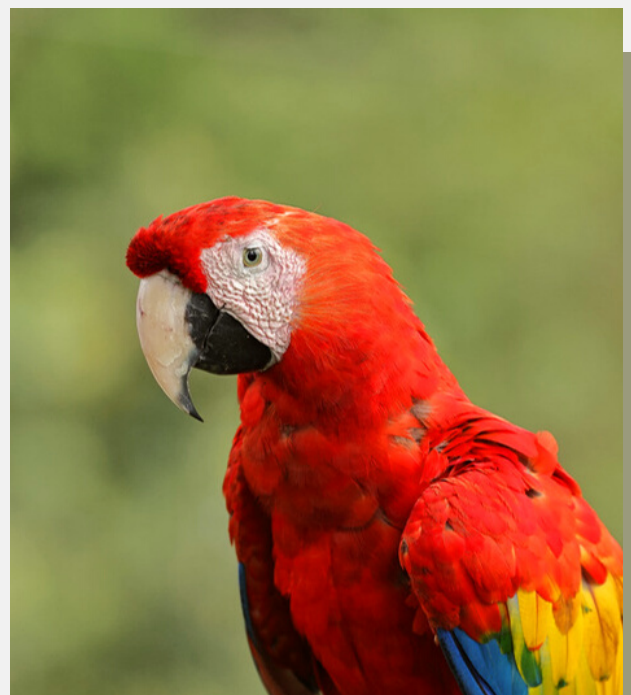
***This activity is not included on the price of the tour.**

In the afternoon we will take a great chocolate tour!

Lodging: Araambigua Lodge Lodge

Type of room: Standard

Meals: Breakfast, lunch and dinner



Costa Rica

Day 5
July 26th

After breakfast ready for action!!!

This morning we are white water rafting the Sarapiquí river. Sarapiquí is one of the iconic rivers of the Eastern side of Costa Rica and also one of the most scenic, not only providing us with great fun class 3 rapids but producing astonishing wildlife sights such as Toucans, Parrots of different species, Iguanas, Frogs, Monkeys and much more.

***Note:** In order to go on this tour, the minimum age for children is 9 years old, and in senior citizens, it is important to take into account their experience and physical condition. We do not recommend that senior citizens over the age of 60 years old participate in this tour. The complete tour (La Virgen - Chilamate) runs for about 2:30 hours to 3 hours, and it goes for a distance of 16 kilometers (10 miles). This tour includes a stop halfway through to enjoy a delicious fruit snack. In case we have participants over 60 years old or less than 9 years old, we offer a nice floating tour in the lower section of the river!

In the afternoon we will take a wonderful pineapple tour!

Lodging: Araambigua Lodge

Meals: Breakfast, lunch and dinner



Day 6
July 27th

This morning we drive early to get to the low lands in time to catch our boat to get to Tortuguero National Park, one of the largest parks in the eastern low lands of the country a probably the most important nesting site for green sea turtles in the western hemisphere. We will be on a boat for about two hours through the flooded forest of the park. Tortuguero has an impressive canal system, one of the most intricate in the country and the closest one can be to the versea forest in the amazon. After an early dinner we must get ready for our turtle expedition on the tortuguero beach. This walk will last 2 hours and we have to walk in the dark due to the prohibition of using flash lights at night. Only a red flash light can be permitted with restrictions even as we walk along the beach. Once we find a turtle only our designated turtle guide will use a flashlight to show us the laying eggs process. Dark clothing is also suggested not to startled the turtle.

Lodging: Mawamba Lodge * The Hotel with no A/C

Type of room: Standard

Meals: Breakfast, lunch and dinner



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Day 7
July 28th



Morning exploration of the Tortuguero Canals, often described as the Venice of the Rain Forest. One of the best chances in our tour to enjoy this Amazonian flooded forest type, hard to find anywhere else in Central America. With a profusion of life diversity Tortuguero is also one of the best places for wild life viewing.

Lodging: Mawamba Lodge

Meals provided: Breakfast, lunch and dinner

Day 8
July 29th

Morning exploration of the Southern sector of the park, the area, not frequently visited by tourist offers great chances of wildlife harder to find in the tourist section of the park. With luck we could see a Jaguar crossing the river to the beach side in search of a Green Turtle for dinner. The area is also good for Manatee and Crocodiles.

Lodging: Mawamba Lodge

Meals provided: Breakfast, lunch and dinner



Costa Rica

Day 9 July 30th



This morning we will relax at the hotel, pack up and say a fond farewell to the beauty and wonder of Costa Rica's golden Caribbean coast. After breakfast we'll start the drive back to San José and the Hotel Bougainvillea (about 6 and a half hours). We'll certainly have a lot of recently made memories to talk about on the way home!

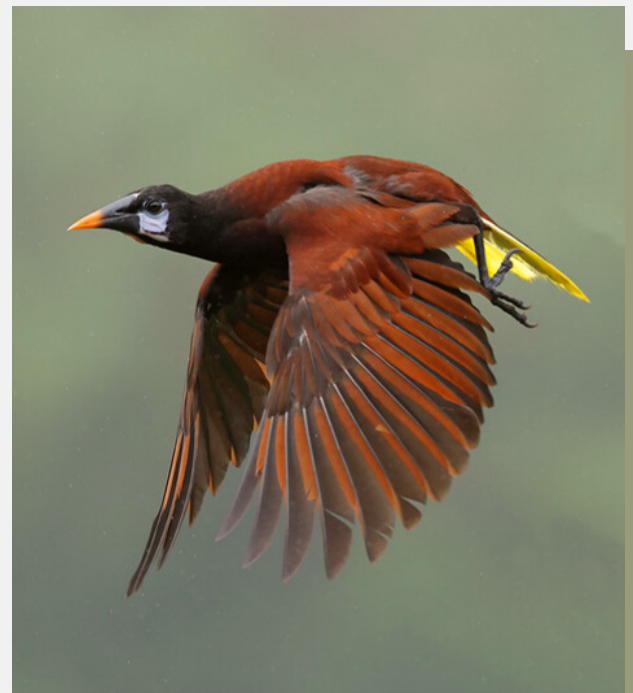
Lodging: Bougainvillea

Meals: Breakfast, lunch and Dinner

Day 10 July 31st

Transfer to airport:

You should plan to arrive at the airport three hours before your flight.



Costa Rica



WHAT'S INCLUDED

- Accommodations with private bathrooms
- Activities and meals as mentioned in itinerary
- Bottled water or water refill station during the trip
- Full time guide and driver for the duration of your program
- Taxes
- Entrance fees to National Parks and Preserves
- Turtle Watching
- Chocolate Tour
- Gratuities for local guides and hotel maids

WHAT'S NOT INCLUDED

- International airfare
- Items of personal nature
- Tips for main Nature guide and driver
- Travel Insurance
- Alcoholic beverages
- Optional tours
- The meals included at Mawamba Lodge do not include any kind of beverages but water

